

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-09:00		Breakfast	Breakfast	Breakfast	Breakfast
09:00-09:45		Background Model Ocean Tides (Mike Hart-Davis)	Stochastic Modeling of GRACE/GRACE-FO Data (Michael Murböck)	Practical 3: GRACE-FO Data Analysis: Global Analysis of EWH Grid Data	The future: Satellite Missions with Quantum Sensors (M. Weigelt)
09:45-10:30		Background Model AOD1B (Linus Shihora)	From Level-2 Spherical Harmonics to Level-3 Grid Data (Eva Börgens)		Feedback NEROGRAV School and Discussion (all)
10:30-11:00 (fix)		Coffee Break		Coffee Break	Coffee Break
11:00-12:15		Practical 1: GRACE-FO Data Analysis: Spherical Harmonic Analysis	Practical 2: GRACE-FO Data Analysis: Filtering/De-stripping	Practical 4: GRACE-FO Data Analysis: Regional Analyses	
12:15-13:15 (fix)		Lunch	Lunch	Lunch	
13:15-14:00			Mass Change of the Cryosphere (Ingo Sasgen)	Practicals: Feedback and Q/A	
14:00-14:45	The Research Group NEROGRAV and Status GRACE-FO and future SST Missions (Frank Flechtner)	13:30 Bus to Speyer		Gravimetry Data for Monitoring the Global Water Cycle and Comparisons with Climate Models (Annette Eicker)	
14:45-15:30	Special Aspects of GRACE-FO Level-1 Instrument Data: (Vitali Müller)	14:15 Museum of Technology Speyer	Surface Loading in View of the Earth's deformability (Volker Klemann)		
15:30-16:00 (fix)	Coffee Break	17:00 Bus to Neustadt		Coffee Break	
16:00-17:30	From Level-1B Instrument Data to Level-2 Spherical Harmonics (Thomas Gruber)		Mass Change of the Oceans (Michael Schindelegger)	GRACE/GRACE-FO Data for Model Assimilation and Service Applications (Anne Springer)	
18:00-19:00 (fix)	Dinner	Dinner	Dinner	Dinner	
19:30-21:00	Ice Breaker		Wine Taste	SLR for Gravity Field Determination (45', Bryant Loomis)	